

AEE

CLIMATE ACTION

CERTIFICATE

WORKBOOK

Abstract: A Course for Climate Action Leaders (version 3.1)

Building on training materials used by SEAI and delivered to over 2,000 public service employees since 2020 this Climate Action Certificate course equips you with the practical structures and tools to develop climate action plans for your organisation.

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It is envisaged that this guide will be distributed as a PDF (online training) or in print format (in person training). If printing, please only print what you need and dispose of the paper to recycling when done.



About this Course

Want to be a leader in Climate Action?

This Climate Action Certificate is a new professional development course offered by the Association of Energy Engineers (AEE) covering the potential impacts and opportunities facing Ireland and humanity globally, as well as an overview of policies and emissions profiles. It is open to all professionals and staff tasked with working on climate action and will provide the tools and guidance needed to get started on your organisation's climate action journey.

The course offers a **practical "how to" manual on climate action**. Learn how you can develop climate initiatives in your organisation, draft a plan of action, and access supports to implement your plan.

Learning Outcomes

1. Gain an overview of Global, Regional (EU) and National (Ireland) emissions, policy, and legislation
 - Terminology, concepts and jargon explained
2. Understand the potential impacts and opportunities facing businesses
 - Including carbon budgets for enterprise
3. Know what Climate Action means with particular regard to
 - Reducing emissions
 - Adapting to a changing climate, and
 - Raising awareness amongst suppliers, staff and customers
4. Learn how to prioritise opportunities for improvement
 - How to do carbon calculations
 - Templates provided
5. Know where to find the supports to start climate action planning for your business

Course Details

- **Open to all professionals** looking to develop Climate Action Plans for organisations, i.e. C-Suite executives, managers, legal, financial, HR, operations backgrounds, etc.
- No prior knowledge required.
- **Professional Development Certificate** issued from the Association of Energy Engineers (AEE), Atlanta.
- 15 hrs CPD + 1 hr assessment
- Registration form and more details at <https://www.aeecenter.org/event/climate-action-certificate-virtual-training-program/>

Testimonials

"I really enjoyed the course, eye opening, very interesting. I found Conor and Raoul excellent, really made it interesting and enjoyable. I would be happy to recommend it to both colleagues and friends. The venue was excellent"

David McCrone, Facilities Officer,
National Transport Authority

"Thanks to the presenters for a very comprehensive and engaging experience."

Dr Anthony Farrell, Energy &
Engineering Services Manager, Accent
Solutions

Contents (see accompanying pdf with slide deck)

Section	#	Module
CONTEXT		Welcome, Introductions & House Rules / placeholder for client host
	1	Will my business be impacted?
	2	Understand the Science
	3	Global Policy
	4	European / Regional Policy
	5	Ireland / National policy
	6	What is Climate Action?
TERMS / UNITS	7	Units
	8	The Scale of the Challenge
	9	Start with Energy
	10	How to win at Climate Action
ADAPTATION: Does it make us more resilient?	11	Global Context for Adaptation
	12	A Changing Climate in Ireland
	13	Definitions & Standards
MITIGATION: Does it Reduce Emissions?	14	Carbon Footprint Calculations
	15	Agree the Boundary
	16	Scope 1 direct emissions
	17	Scope 2 indirect emissions
	18	Scope 3 indirect emissions
	19	Understanding EPDs
	20	Outside of Scope emissions
	21	Presenting Results
	22	Carbon Conclusions: Standards / Principles
	23	Voluntary Carbon Markets
	24	Potential Pitfalls
	25	Approaches to Climate Action
AWARENESS: Does it raise awareness?	26	Everyday Choices for Individuals
	27	Staff Engagement
	28	Innovative approaches to communication
	29	Human Success
	30	Wrap Up / Day 2 Reprise
		List of Acronyms
		Energy Conversion Factors

Exercise 1: Your Business Case

Enter your numbers and discuss your findings with the group.

Example	€ / \$	tCO ₂ e
Energy & fuel spend (approx.)		
Typical projected savings (10% over 3 years)		
Potential annual saving over 1 year		
Net profit margin (%) (we assumed a low 3% in our example; 10% would be considered average)		
Profit (or non-pay budget) last year? (profit margin x turnover)		
Energy savings as % of profit/budget per year		
Sales or work needed to make same profit (Annual energy cost savings ÷ margin)		

What are you currently paying in carbon taxes @ €56 per tonne (Ireland)?

What might your annual cost in carbon credits be if you chose to offset at €20 per tonne?

List known requirements your organisation must comply with (legal or voluntary signatory)

Exercise 2: Global Warming Potential

Company ABC has some refrigeration equipment containing 132.5kg of R22 refrigerant with a global warming potential of 1,774 (UK DEFRA). In 2022, the equipment needed a top up of 4.5kg of R22 to replace leaked refrigerant. Express the carbon footprint of these 'fugitive' emissions in tCO₂e.

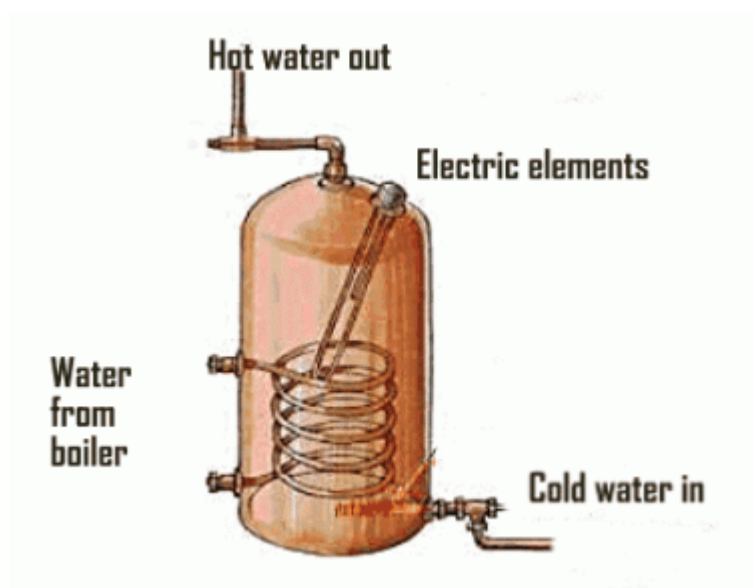
		2022			
Activities	Qty	Units	GWP	Source	tCO ₂ e
Scope 1	Direct Emissions				
S1: Refrigerants		kg R22		UK DEFRA	

What could Company ABC do to reduce this carbon footprint?

Exercise 3: Energy Calculation

A 3kW electric immersion turns on and off subject to the thermostat setting and hot water demand. If on for 1,400hrs per year, what is the carbon footprint of running this device? The carbon intensity of the grid is assumed to be 347.8 gCO₂e/kWh.

Hint: Work out the energy use in kWh first, and then multiply by the emission factor 347.8 gCO₂e/kWh for electricity to get the associated carbon footprint.



What could you do to reduce the carbon footprint of providing hot water?

Exercise 4: ROO & prioritise for annual Climate Action Plan

Thinking about your business, write down your ideas for what.

Write down some SMART Climate Actions your organisation could do.

Discuss with course participants.

Exercise 5: Risk Assessment Exercise

Demonstration of Climate Action Planning tool.

Consider Exposures your business has to a changing climate and write them down below.

Discuss thoughts with course participants.

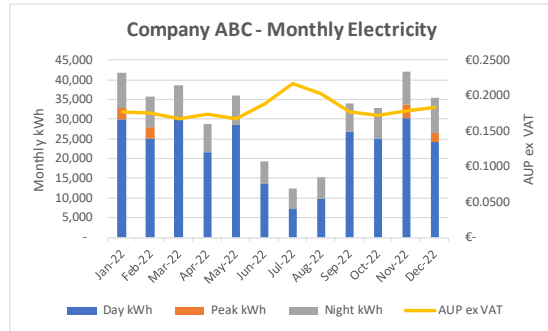
Exercise 6: Scope 1 & 2 calculation

Company ABC has its annual energy consumption outlined below as provided by a recent energy audit. Based on this information, work out the Scope 1 and Scope 2 emissions for this company. Using the Location Based Method and the energy emissions factors at the back of this training manual, complete the table below to show your workings. Assume an emission factor of 347.8 gCO₂e/kWh for electricity and 185 gCO₂e/kWh for natural gas.

If the company purchases its electricity through a 100% green tariff, add the final line calculation using the Market Based Method.

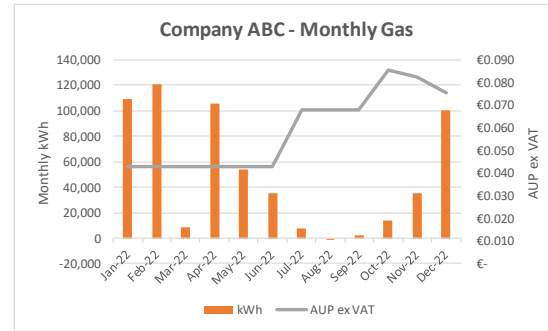
Electricity

Month	Day kWh	Peak kWh	Night kWh	Total kWh	€ ex VAT	AUP ex VAT
Jan-22	29,865	3,094	8,878	41,836	€ 7,426	€ 0.1775
Feb-22	25,104	2,874	7,876	35,854	€ 6,291	€ 0.1755
Mar-22	30,418	-	8,367	38,785	€ 6,520	€ 0.1681
Apr-22	21,753	-	7,215	28,968	€ 5,042	€ 0.1741
May-22	28,568	-	7,423	35,991	€ 6,024	€ 0.1674
Jun-22	13,589	-	5,709	19,298	€ 3,626	€ 0.1879
Jul-22	7,130	-	5,288	12,418	€ 2,697	€ 0.2171
Aug-22	9,895	-	5,389	15,284	€ 3,096	€ 0.2025
Sep-22	26,755	-	7,349	34,104	€ 6,046	€ 0.1773
Oct-22	25,108	-	7,892	33,000	€ 5,668	€ 0.1718
Nov-22	30,215	3,517	8,325	42,057	€ 7,500	€ 0.1783
Dec-22	24,119	2,430	8,789	35,338	€ 6,469	€ 0.1831
Totals	166,321	5,968	56,145	228,434	€ 40,721	€ 0.1783



Natural Gas

Month	Reading	m3	kWh	€ ex VAT	AUP ex VAT
Jan-22	180,293	9,498	108,837	€ 4,680	€ 0.043
Feb-22	190,846	10,553	120,926	€ 5,200	€ 0.043
Mar-22	191,546	700	8,041	€ 346	€ 0.043
Apr-22	200,739	9,193	105,611	€ 4,541	€ 0.043
May-22	205,481	4,742	53,814	€ 2,314	€ 0.043
Jun-22	208,560	3,079	35,370	€ 1,521	€ 0.043
Jul-22	209,207	647	7,413	€ 504	€ 0.068
Aug-22	209,109	-98	-1,135	-€ 77	€ 0.068
Sep-22	209,300	191	2,150	€ 146	€ 0.068
Oct-22	210,535	1,235	13,832	€ 1,182	€ 0.085
Nov-22	213,658	3,123	35,426	€ 2,913	€ 0.082
Dec-22	222,398	8,740	99,899	€ 7,515	€ 0.075
Totals		51,603	590,185	€ 30,785	€ 0.0522



2022					
Activities	Qty	Units	EF	Source	tCO ₂ e
Scope 1 Direct Emissions					
S1: Natural Gas					
Scope 2 Indirect Emissions from Purchased Energy					
S2: Electricity (LBM*)					
S2: Electricity (MBM*)					

*LBM = Location Based Method; MBM = Market Based Method

Once you have an answer, discuss possible solutions to reduce these emissions.

Exercise 7: Scope 3 calc

The directors of Company ABC took the following flights in 2021.

From	To	# of Pax	kms (one-way)	Class
Dublin	Leeds	1	310	Economy
Dublin	Birmingham	5	307	Economy
Dublin	LGW	2	479	Economy
Dublin	Chicago	1	5,906	Business
Cork	Prague	3	1,617	Economy

Using the Well-to-Wheel (WTW) emissions factors provided by DEFRA for 2021 in the table below, calculate the emissions associated with air travel. Use the template below to show your workings. Note that the one-way flight distance determines whether the flight is 'domestic', 'short' or 'long' haul.

Emissions Factors including Radiative Forcing

Flight Activity*	WTT	TTW				WTW
	kgCO ₂ e/p.km	kgCO ₂ e/p.km	kg CO ₂ /p.km	kg CH ₄ /p.km	kg N ₂ O/p.km	kgCO ₂ e/p.km
DEFRA 2021 Domestic Economy	0.027	0.246	0.245	0.000	0.001	0.273
DEFRA 2021 Short Economy	0.017	0.151	0.150	0.000	0.001	0.168
DEFRA 2021 Long Business	0.047	0.429	0.427	0.000	0.002	0.476

*Domestic

< 750 km

i.e. within Ireland & UK

Short

750 km <= distance <= 3,700 km

i.e. within Europe

Long

> 3,700 km

i.e. Flights beyond Europe

From	To	# of Pax	kms (one-way)	Class	p.km (return)	EF	Source	tCO ₂ e
Dublin	Leeds	1	310	Economy				
Dublin	Birmingham	5	307	Economy				
Dublin	LGW	2	479	Economy				
Dublin	Chicago	1	5,906	Business				
Cork	Prague	3	1,617	Economy				

Once you have an answer, discuss possible solutions to reduce these emissions.

Exercise 8: Climate Action Plan Pitch

(subject to time)

Now that you have thought about Mitigation, Adaptation & Awareness, what are you going to put on your Climate Action Plan?

Pick 3 of your ideas and populate the Climate Action Plan template. Add tCO₂e reduction if known.

Ref	SMART Action	Estimated Annual Savings					
		[€]	Resource Saving	Unit	Scope	[tCO ₂ e]	[€/tCO ₂ e]
001							
002							
003							

Pitch your plan to the class < 2min each. Try to include:

- **Call to action:** pain statement
- **Why this is important?** Objective / business case / risk management
- **Strategy:** Your overarching approach strategy
- **Tactics:**
 - What are you going to do?
 - What contribution it will make to reducing your organisation's carbon footprint?
 - What resources are required (time, €)
 - Who needs to sign off on resourcing?

Tips for delivery: 1. Keep it short; 2. Solve a problem; 3. Practice such that your thoughts are crystal clear; 4. Use an analogy if it helps relate a concept to the audience; 5. Read the audience; 6. Make it personal by bringing personality & passion!

US Energy & Emissions Conversion Factors

Energy: The US uses:

- **Electricity:** The kWh (kilowatt-hour) is used for electricity which is a non-SI unit of energy equal to 3.6 megajoules (MJ) in SI units which is the energy delivered by one kilowatt of power for one hour. One kWh can be approximated as the electricity used by a single radiant bar heater switched on for one hour.
- **Heat:** The British thermal unit (BTU or Btu) is a measure of heat, which is a form of energy. It was originally defined as the amount of heat required to raise the temperature of one pound of water by one degree Fahrenheit. One BTU equals about 1,055 J. A Btu can be approximated as the heat produced by burning a single wooden kitchen match
- **Transport:** The energy content of different fuels can be compared using the gallon of gasoline equivalent (GGE), where the energy content of a specific amount of an alternative fuel is expressed in terms equivalent to the energy content of a gallon of gasoline.



Emissions: There are three units of mass (weight):

1. The short ton aka US ton is 2,000/lbs.
2. The long ton aka Imperial (British) ton is 2,240 lbs.
3. The metric tonne which is, equal to 1000 kilograms, or approximately 2,204 pounds.

While you may see lbs CO₂e as a unit for GHG emissions (e.g. [1,562.4 lbs CO₂/MWh](#) for US national weighted average CO₂ marginal emission rate for electricity in 2019), we normally **use the metric tonne** (tCO₂e = 1,000 kgCO₂e) when reporting on organisation-level or country-level emissions.

Energy Type	Purchasing Units	Energy Factors ¹			Emission Factors ²	
		Heat BTU/unit	Electricity kWh/unit	Transport GGE/unit	kgCO ₂ /Unit	Source
Electricity Consumed (2019 eGrid)	kWh	3,414	1	0.03	0.433	eGrid 2019
Electricity Reductions (2019 AVERT)	kWh	3,414	1	0.03	0.709	AVERT 2019
Electricity (on-site renewables, e.g. solar, wind)	kWh	3,414	1	0.03	-	
Offsite Electric Vehicle Charging (2019 eGrid)	kWh	3,414	1	0.03	0.433	eGrid 2019
Natural Gas (therm)	therm	100,000	29.29	0.83	5.291	US EPA
Natural Gas (cubic foot)	cubic foot	1,036	0.30	0.01	0.055	US EPA
LPG (gallon)	gallon	91,452	26.78	0.76	5.894	DEFRA 2023
LPG (lbs)*	lbs	21,300	6.24	0.18	1.360	US EPA
Heating Oil - Kerosene*	gallon	135,000	39.54	1.12	9.616	DEFRA 2023
Heating Oil - Gasoil	gallon	138,500	40.56	1.15	10.430	DEFRA 2023
Residual Oil / Fuel Oil	barrel	6,287,000	1,841	52.30	35.227	DEFRA 2023
Coal	ton	18,820,000	5,512	156.55	3,202.161	DEFRA 2023
Diesel	gallon	137,381	40.24	1.14	10.180	US EPA
Gasoline	gallon	120,214	35.21	1.00	8.887	US EPA
Off-road/dyed diesel (non-thermal use)	gallon	137,381	40.24	1.14	10.180	US EPA
Crude Oil (1 barrel = 42 U.S. gallons)	barrel	5,684,000	1,665	47.28	423.704	US EPA

¹Energy Conversion factors for Heat (BTU/unit) from US Energy Information Administration (<https://www.eia.gov/energyexplained/units-and-calculators/>) unless noted by *

- LPG (lbs) <https://www.exothink.com/Pages/btu.html>

- Kerosene <https://www3.uwsp.edu/cnr-ap/KEEP/nres633/Pages/Unit1/Supplementary%20Pages/Energy-Conversion-and-Resource-Tables.aspx>

For Electricity convert from BTU to kWh per unit by dividing by 3,414 BTU/kWh

For Transport convert from BTU to Gallon Gasoline Equivalent (GGE) by dividing by 120,214 BTU/gallon

²Emission factors from US EPA (<https://www.epa.gov/energy/greenhouse-gases-equivalencies-calculator-calculations-and-references>) and calculated from UK DEFRA (<https://www.gov.uk/government/publications/greenhouse-gas-reporting-conversion-factors-2023>)